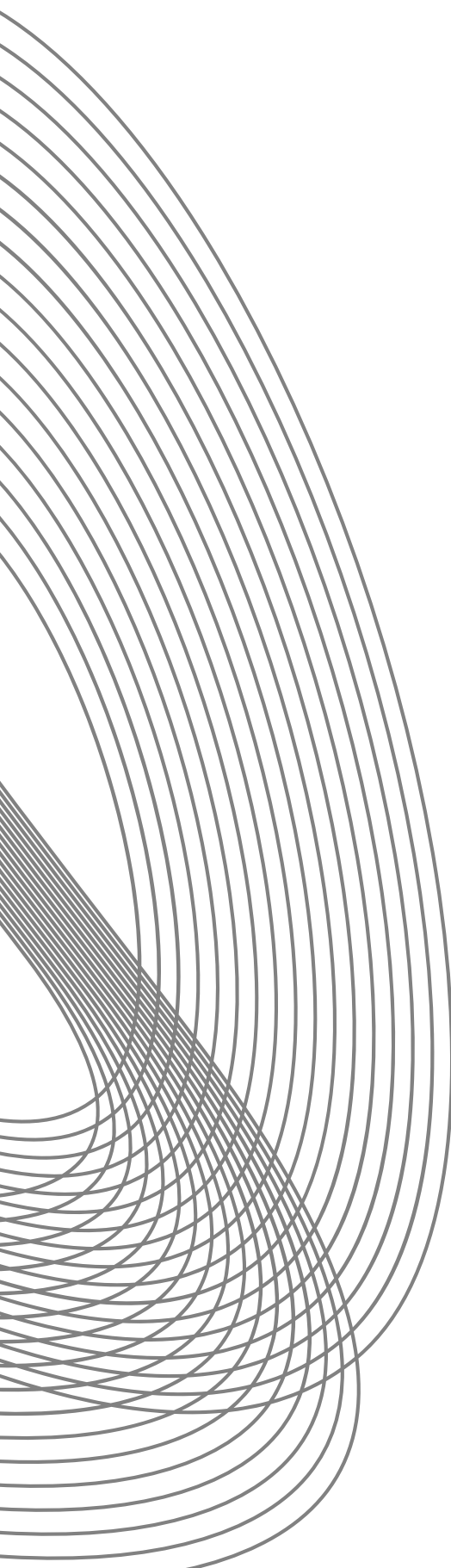




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JANUARY-DECEMBER  
2022

# ANNUAL REPORT FOR 2022



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# ABOUT US

## VISION

To present opportunities to live life to the fullest

## MISSION

C.A.R.E - Commitment, Assurance, Responsibility, Empathy

## MOTTO

Every Life has a Promise

Promisedland Community Services (PCS) was founded by the late Rev Christopher Lee in 2002. Rev Lee was a patient suffering from a blood illness and liver cirrhosis. He truly understood the difficulties faced by the patients, not just financially but also emotionally. He went through times of hopelessness and despair, seeing no light at the end of the tunnel. However, he gradually overcame the hopelessness and decided that in his time, he wants to help other patients.

With this intention, he founded Promisedland Community Services. Promisedland Community Services started with Lifeblood center which provides services and support to patients suffering from blood illnesses and cancer. Rev Lee also enjoyed having children and youths around him, he also wanted to help children and youths in low-income families have equal opportunities to develop. Hence, Educational Foundation was set up. PCS had its first office in Bukit Batok Street renting a small unit on the second floor above a hair salon.

Rev Lee passed away in 2009, but the legacy and burden of providing hope and support to the beneficiaries is still very much in active in PCS. The board and staffs of PCS will continue to give our utmost best to provide help and support to our beneficiaries.

PCS is established in Singapore under the Societies Act, Chapter 311. It is also subject to the provisions of the Charities Act, Chapter 37. It is an Institution of a Public Character.

PCS is governed by our Constitution, which restricts the use of fund monies to the furtherance of the objects of the Society.

### Unique Entity Number (UEN)

T02SS0212H

### Registry of Society Number (ROS)

ROS 319/2002WEL

### Registered Address

Block 151 Bukit Batok Street 11,  
#03-248 Singapore 650151

### Auditor

FIRST Assurance PAF

# GOVERNING BOARD

Name	Current Charity Board Appointment	Occupation	Past Charity Board Appointment
Koa Guan Chian	Chairman 23 June 2019	Pastor	Member of PCS appointed on 27 July 2014
Tian Ung Ching	Honorary Treasurer 06 December 2020	Sales Consultant	--
Andy Lim Hock Chye	Honorary Secretary 06 December 2020	Coach Facilitator	--
Ong Eng Jye	Member 24 October 2014	Teacher	--
Andy Tan Chuan Lin	Member 24 October 2014	<ul style="list-style-type: none"> <li>Executive Director of Promisedland Community Services</li> <li>Chairman of Promisedland Evangelical Centre</li> </ul>	--
Stanley Seah Hock Choon	Member 24 October 2014	Director, Finance and Corporate Planning of Promisedland Community Services	Honorary Treasurer appointed on 19 November 2011

All Council Members and employees of the PCS are required to read and understand the conflict-of-interest policy in place and make full disclosure of any interests, relationships, and holdings that could potentially result in a conflict of interest. When a conflict-of-interest situation arises, the Member/employee shall abstain from participating in the discussion, decision-making and voting on the matter.

#### Related / Affiliated Entities

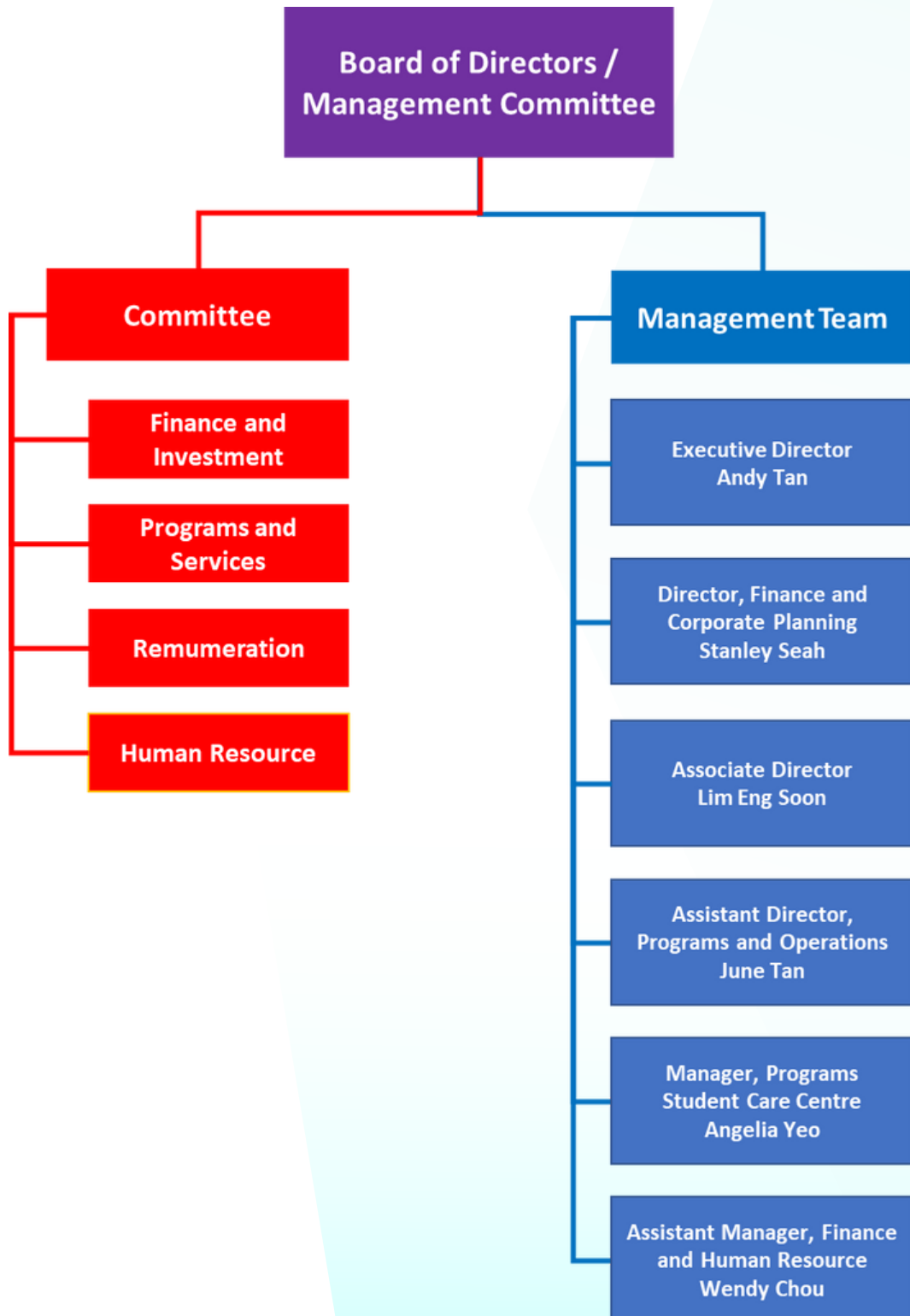
- Promisedland Evangelical Centre - Mr Andy Tan, Chairman.
- Ms Angelia Yeo <sup>1#</sup>, currently a senior teacher in PCS Student Care Centre. She is the wife of Mr Andy Tan. She joined PCS in 2009 as a student care teacher and was officially married to Andy in 2010. Prior to her appointment in PCS, she was working full time as a childcare teacher in another centre. During her youth she was a member and volunteer in PCS's Education Foundation program.
- Ms June Tan <sup>1#</sup>, currently an Assistant Director for Operations and Programs in Promisedland Community Services. She is the sister of Andy Tan. She joined PCS as a student care teacher in 2004 after graduating with a diploma from Singapore Polytechnic. Her highest qualification is Degree in Childhood Study, Guidance & Counselling.

<sup>1</sup> Both Ms June Tan and Ms Angelia Yeo has received remuneration exceeding SGD\$ 50,000 during the financial year.

# Both Ms June Tan and Ms Angelia Yeo's job performance appraisal are not conducted by Andy Tan. Their remunerations were decided by the board without any inputs or participation from Andy Tan.



# ORGANISATIONAL STRUCTURE



# GOVERNANCE

## Term Limit of Board

Mr Stanley Seah join PCS board as Non-Executive Director in 2011 and join as staff member in 2014 upon recommendation by the Executive Director, Mr Andy Tan. As a staff his role was Director for Finance and Lifeblood program and then move on to Finance and Corporate Planning in 2018. Current PCS' Chairman, Mr Koa Guan Chian with board agreement had requested for Mr Stanley Seah to carry on in his board duties for better board accountability and his expertise and knowledge in relation to the developments in PCS particularly in the Finance, Human Resources and Information System needs. This will be reviewed after 2 years.

## Board Meetings and Attendance

The board met for six (6) times for the financial year ended 31st December 2022. The quorum of at least three (3) members was fulfilled for each board meeting held on 25th February 2022, 20th March 2022, 01st June 2022, 18th June 2022, 17th November 2022 and 09th December 2022.

The attendance at these meetings is summarised in the table below:

Names of Board Members	Attendance/ Number of meetings held
Koa Guan Chian	6/6
Tian Ung Ching	6/6
Andy Lim Hock Chye	6/6
Ong Eng Jye	5/6
Andy Tan Chuan Lin	6/6
Stanley Seah Hock Choon	6/6

Remuneration Bands	2022 Number of Executives	2021 Number of Executives
S\$300,000 to S\$399,999	0	0
S\$200,000 to S\$299,999	0	0
S\$100,000 to S\$199,999	3	2

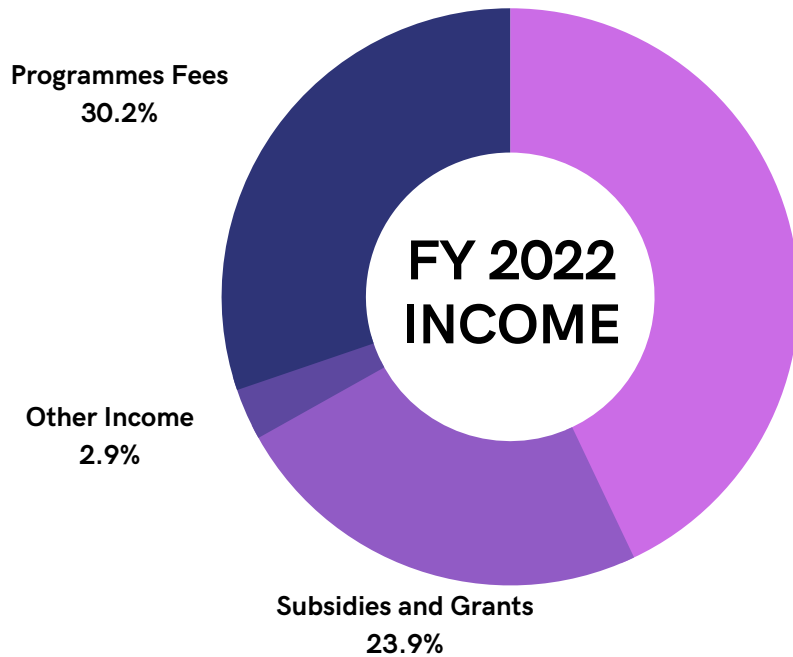
**Note:**

*2 of the highest paid employees serve in the board.*

# GOVERNANCE

Sub-Committees	
<p><b>Programs and Services</b></p> <p><u>Chairman</u> Mr Andy Lim</p> <p><u>Members</u> Mr Ong Eng Jye Mr Andy Tan Ms June Tan</p>	<ul style="list-style-type: none"> <li>• Identify needs, resource planning and sourcing to designing of PCS program and services.</li> <li>• Review programs on its relevance, accountability, and process.</li> <li>• Running of events.</li> <li>• Exploration of starting new programs when new needs are identified.</li> </ul>
<p><b>Finance and Investment</b></p> <p><u>Chairman</u> Mr Tian Ung Ching</p> <p><u>Members</u> Mr Koa Guan Chian Mr Stanley Seah</p>	<ul style="list-style-type: none"> <li>• Strategic financial planning, funding, and statutory accounting and audit.</li> <li>• Review on Finance policies and processes</li> <li>• Financial and internal control are in place and adhere to regulatory bodies.</li> <li>• Review and initiate contractual terms external parties/entities.</li> <li>• Understand on the different investment products available in the market.</li> <li>• Propose to Board on product decided.</li> <li>• Monitor investment portfolio</li> </ul>
<p><b>Human Resource</b></p> <p><u>Chairman</u> Mr Koa Guan Chian</p> <p><u>Members</u> Mr Andy Lim Mr Andy Tan Mr Stanley Seah Mr Ong Eng Jye</p>	<ul style="list-style-type: none"> <li>• Human resource management and performance</li> <li>• Review on HR policies</li> <li>• Staff trainings</li> <li>• Staff welfare</li> <li>• Recruitment</li> </ul>
<p><b>Remuneration</b></p> <p><u>Chairman</u> Mr Koa Guan Chian</p> <p><u>Members</u> Mr Andy Lim Mr Tian Ung Ching Mr Stanley Seah</p>	<ul style="list-style-type: none"> <li>• Review and proposal of staff remuneration to Board.</li> </ul>

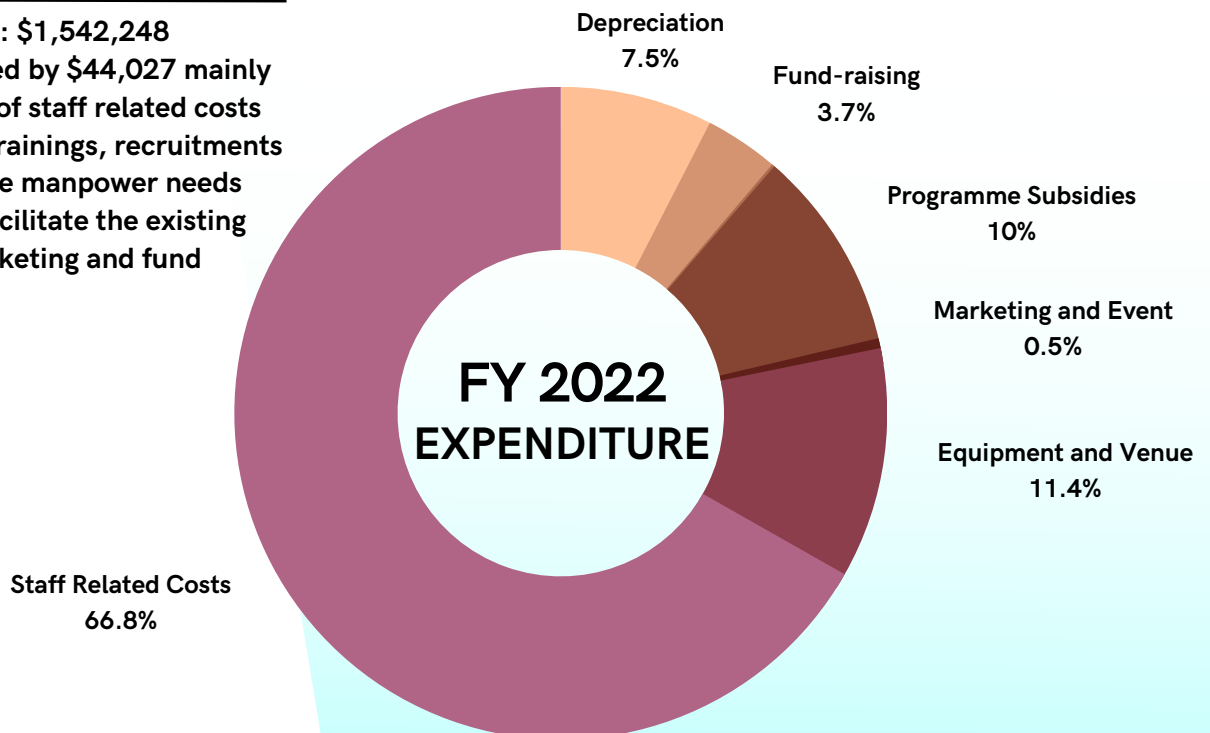
# FINANCIAL PERFORMANCE SUMMARY



Donations  
42.9%

- Total Income: \$708,973
- Total donations decreased by \$59,562 (7.8%) due which could be due to lesser online platform fund raising campaigns and lower donation amount from donors due to bad economy.

- Total Expenditure: \$1,542,248
- Expenses increased by \$44,027 mainly due to increasing of staff related costs such as salaries, trainings, recruitments etc. Increase in the manpower needs such as roles to facilitate the existing programmes, marketing and fund raising.



Staff Related Costs  
66.8%

Depreciation  
7.5%

Fund-raising  
3.7%

Programme Subsidies  
10%

Marketing and Event  
0.5%

Equipment and Venue  
11.4%

# FINANCIAL PERFORMANCE SUMMARY

## Major Financial Transaction

- Financial investment in Unit Trust at \$930,495.

*For more information, please refer to Note 10 (Page 21) of Promisedland Community Services' Audited Financial Statements as of 31st December 2022.*

## Funds

FY 2022	Unrestricted Funds	Restricted Funds		
Funds	General Fund	Lifeblood Centre	Educational Foundation	Student Care Centre
Surplus/Deficit for the year	(S\$ 139,135)	S\$ 1,753	(S\$ 9,099)	S\$ 1,830
Balance as at 31 December 2022	S\$ 791,577	S\$ 620,609	S\$ 128,402	S\$ 109,725
Purpose	General operations and projects.	Subsidies for medical consumables and transport.	Subsidies for children from low-income families with educational expenses such as character development programmes.	Provides after school student care services. Usage of funds is primarily for the programme expenses and overheads of the Student Care Centre.

# FINANCIAL PERFORMANCE SUMMARY

## Promisedland Community Services

### Statement of Financial Activities For the Financial Year Ended 31 December 2022

	Note	2022 S\$	2021 S\$
<b>Income</b>			
Donations	4	708,973	768,535
Student fees		489,999	472,562
Subsidies and grants	5	395,071	422,929
Other income	6	47,804	22,844
Tuition fees		9,206	3,670
		<u>1,651,053</u>	<u>1,690,540</u>
<b>Less : Expenditure</b>			
Administration and consultants' fees for functions and events	8	52,810	202,751
Audit fee		6,150	6,143
Bank charges		555	796
Computer expenses		1,934	2,288
Food catering		37,984	31,402
CPF contribution		118,844	92,838
Depreciation of plant and equipment	9	108,938	183,038
Event subsidies		14,303	6,371
General expenses		12,119	19,667
Insurance		15,854	7,729
Marketing		860	1,511
Medical subsidies		52,997	62,090
Membership fees		198	197
Printing, stationery and postages		1,910	5,895
Short-term lease expenses		112,778	101,757
Repair and maintenance		26,120	12,143
Salaries and related costs		829,291	625,166
Sports subsidies		6,483	2,884
Services and conservancy charges		16,384	16,384
Telephone		9,756	6,912
Transport expenses		76,201	78,964
Vehicle upkeep		20,717	17,009
Utilities		14,899	10,474
Minor assets		2,187	1,866
Unwinding finance cost	13	1,976	1,946
		<u>1,542,248</u>	<u>1,498,221</u>
<b>Surplus from operations</b>		108,805	192,319
Net fair value loss on financial asset at fair value through profit or loss	10	<u>(253,456)</u>	<u>(32,330)</u>
<b>Net (deficit)/surplus and total comprehensive (loss)/income for the financial year</b>		<u>(144,651)</u>	<u>159,989</u>

# FINANCIAL PERFORMANCE SUMMARY

## Promisedland Community Services

### Statement of Financial Position As at 31 December 2022

	Note	31.12.2022 S\$	31.12.2021 S\$ (reclassified)	01.01.2021 S\$ (reclassified)
<b>ASSETS</b>				
<b>Non-current assets</b>				
Plant and equipment	9	302,595	261,967	378,352
<b>Current assets</b>				
Financial assets at fair value through profit or loss	10	930,495	1,334,216	566,546
Other receivables	11	20,117	37,088	41,243
Prepayment		3,525	2,818	2,733
Cash and cash equivalents	12	587,769	354,867	772,265
		<u>1,541,906</u>	<u>1,728,989</u>	<u>1,382,787</u>
<b>Total assets</b>		<u>1,844,501</u>	<u>1,990,956</u>	<u>1,761,139</u>
<b>LIABILITIES</b>				
<b>Current liabilities</b>				
Other payables	13	<u>194,188</u>	<u>195,992</u>	<u>126,164</u>
<b>Net assets</b>		<u>1,650,313</u>	<u>1,794,964</u>	<u>1,634,975</u>
<b>FUNDS</b>				
General fund	14	791,577	930,712	972,456
Lifeblood centre fund	14	620,609	618,856	526,457
Education foundation fund	14	128,402	137,501	88,552
Student care centre fund	14	109,725	107,895	47,510
		<u>1,650,313</u>	<u>1,794,964</u>	<u>1,634,975</u>



# FINANCIAL PERFORMANCE SUMMARY

## Promisedland Community Services

### Statement of Cash Flows For the Financial Year Ended 31 December 2022

	Note	2022 S\$	2021 S\$
<b>Cash flows from operating activities</b>			
Net (deficit)/surplus		(144,651)	159,989
<b>Adjustments for:</b>			
Depreciation of plant and equipment	9	108,938	183,038
Dividend income from other investments	6	(21,540)	(1,969)
Net fair value loss on financial asset at fair value through profit or loss	10	253,456	32,330
Unwinding finance costs	13	1,976	1,946
<b>Operating cash flows before changes in working capital</b>		198,179	375,334
<b>Changes in working capital:</b>			
Other receivables		16,971	4,155
Prepayment		(707)	(85)
Other payables		(3,780)	15,720
<b>Net cash generated from operating activities</b>		210,663	395,124
<b>Cash flows from investing activities</b>			
Acquisition of plant and equipment	9	(149,566)	(14,491)
Acquisition of other investments		-	(800,000)
Proceeds from disposal of other investments		150,265	-
Dividend received		21,540	1,969
<b>Net cash generated from/(used in) investing activities</b>		22,239	(812,522)
<b>Net increase/(decrease) in cash and cash equivalents</b>		232,902	(417,398)
Cash and cash equivalents at beginning of the financial year		354,867	772,265
<b>Cash and cash equivalents at end of the financial year</b>		587,769	354,867



# FINANCIAL PERFORMANCE SUMMARY

## Reserve Policy

A reserve of 1 year, and no more than five times of its annual operating budget was approved by the board on 29 Nov 2018 and reviewed on 15 Dec 2020 with no change. The board will monitor on yearly basis upon audited financial statements or any event which requires. Operating reserves exclude all building/project funds, endowment, and sinking funds. The reserve ratio as at 31 December 2022 is 1.07.

	Current Year	Previous Year
(A) Total Funds	S\$ 1,650,313	S\$ 1,794,964
(B) Annual Operating Expenditure	S\$ 1,542,248	S\$ 1,498,221
Reserve Ratio (A)/(B)	1.07	1.19

## Investment Policy

Our key investment objective is capital preservation, with long-term stable growth achieved through good returns and bearing a prudent level of risk. Additionally, our key investment strategy is to have reasonable exposure to a wide range of investment opportunities in various asset classes to achieve adequate diversification for the desired results. These include equities (including REIT and ETFs) and fixed income securities. if approved, shall not exceed 10% of the total investment funds. iv. Cash and Deposits and Money Market Instruments: The Fund may invest in money market instruments if the issue is denominated in S\$ and rated a minimum of BBB/Baa2."

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# FUND-RAISING AND EXPENDITURE PLAN FOR 2023

Our main revenue for 2023 will continue to be from public donations and in student care fees collection with the respective program/business units.

## PCS General Fund

Significant drop in grant income expected for 2023 and beyond. Reviews of activities and program expenditure under this fund with 'Social Enterprise' projects in the pipeline to partial fund programs.

## Lifeblood Centre

Further improvement to the newly added ferry services for therapy sessions which might increase subsidy expenditure. Customize software system funded by Tech & Go to be implemented to provide better feedback and identified the trending needs of our beneficiaries which efficiently reduce manpower. Increase marketing capability and create awareness to generates donation consistently.

## Student Care Centre

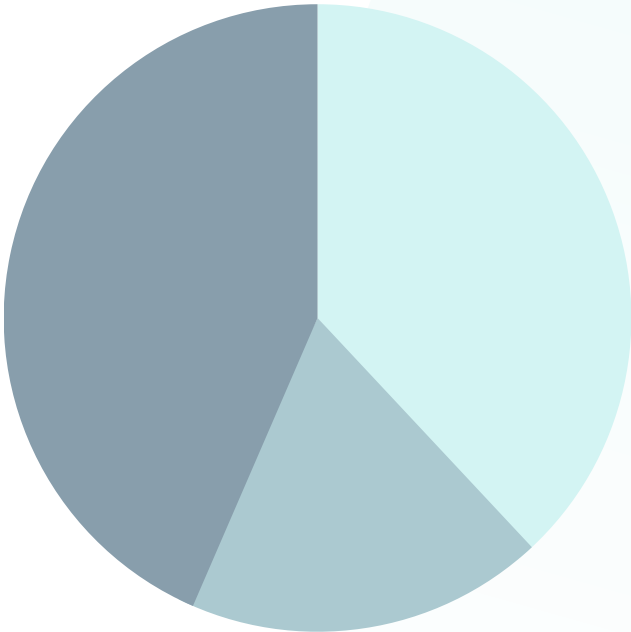
Student number had consistently increase through the years which the main clientele is from Princess Elizabeth Primary school located nearby. Ark is the biggest service provider for after school care for Princess Elizabeth primary school. The PEPS student intake for P1 PEPS is expected to remain at this level (234) or even higher for the next 3 to 5 years which is mainly due to the new BTOs nearby and PEPS being a popular school in this region over the last 2 decades. Active review and progressive price increase to increase student fee income.

Operating cost to be constantly reviewed. Active management of manpower and remuneration to keep salary cost at optimal level.

# FUND-RAISING AND EXPENDITURE PLAN FOR 2023

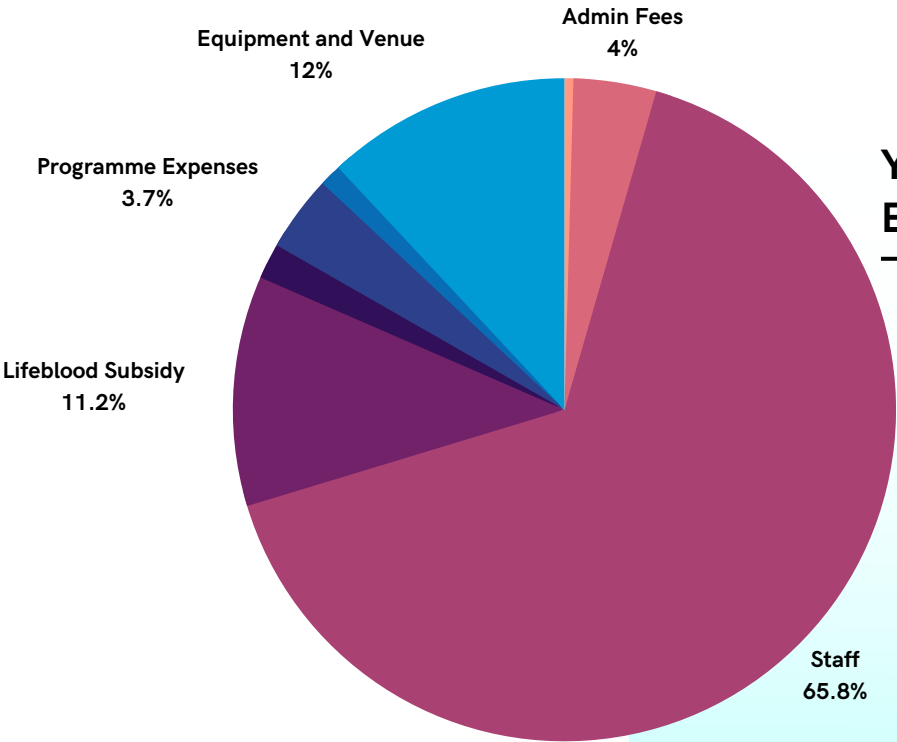
## YEAR 2023 ESTIMATED REVENUE

Donation  
43.5%



Programme Fees  
38%

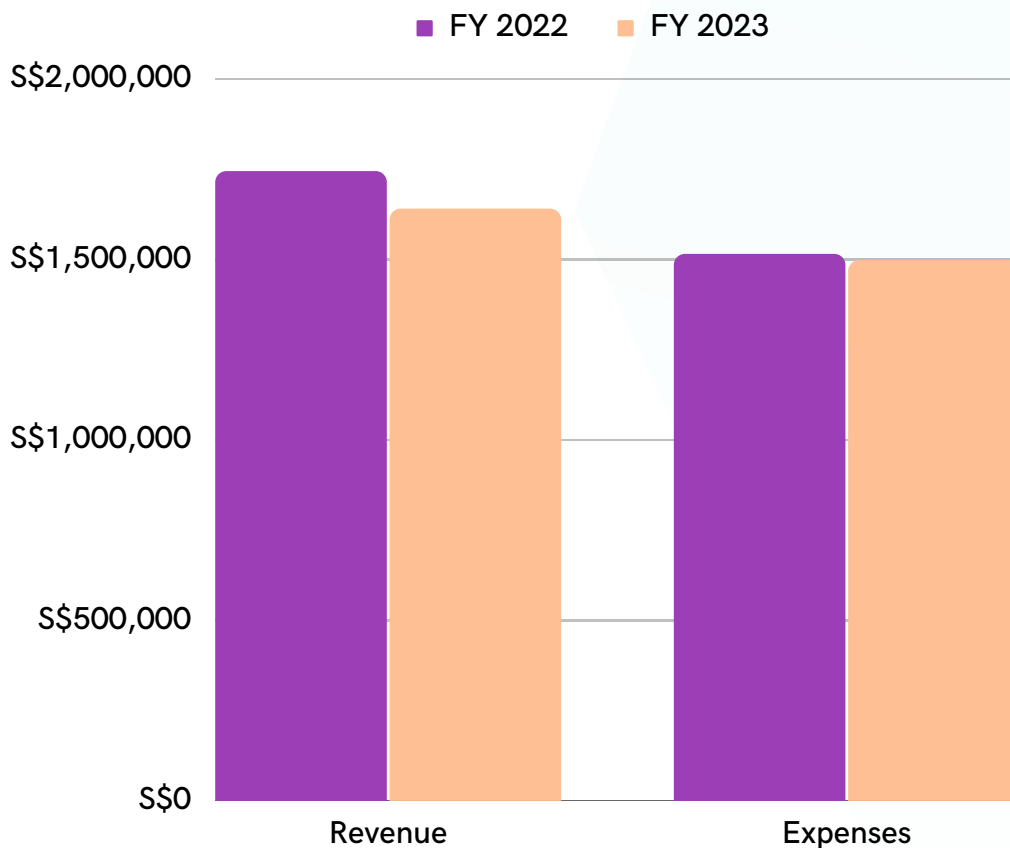
Government Grant  
18.5%



## YEAR 2023 ESTIMATED EXPENDITURE

# FUND-RAISING AND EXPENDITURE PLAN FOR 2023

## YEAR 2022 AND YEAR 2023 ESTIMATED REVENUE AND EXPENSES



	Revenue	Expenses
FY 2022	S\$ 1,743,450	S\$ 1,514,010
FY 2023	S\$ 1,639,510	S\$ 1,497,034

↓ 6%

↓ 1%

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# OUR WORK:

## Programmes and Activities



A diagnosis of cancer or blood disorder sets off a long and slow process of treatment and care. Lifeblood Centre aims to bring hope to the patients and their families in battling the illness, by reminding them that there are people in the society that are willing to bear their problems with them and walk with them on the journey to recovery. Lifeblood centre mainly covers *Medical & Transport* subsidies, while providing socioemotional support.

*Transportation* for patients to hospital appointments is often overlooked, and not a focus point of aid. However, patients with cancer &/or blood disorders have to frequently travel to the hospital for their check-ups & treatments. This is physically & mentally tiring, & takes a toll on them. Such travelling fees accumulate to a significant amount within a month, putting a significant strain on their finances. We are one of the few organisations in SG that addresses these issues by providing transport subsidies & services for beneficiaries, to travel to hospital appointments. We outsourced transportation companies such as Grab and CabCharge to provide this service. We have a wheelchair-friendly alternative as well. With this service, caregivers do not have to frequently take leave from work, to accompany their family members to appointments on public transport, or help to flag down taxis. Beneficiaries are empowered to feel more independent & less-reliant on their caregivers as well.

Lifeblood also provides subsidies for *medical* consumables & equipments such as milk feeds, stoma bag/powder/wafer, wound care consumables, chronopump, etc. Additionally, we conduct frequent phone calls & home visitations to lend a listening ear. We want to ensure that our beneficiaries know we are there for them & feel emotionally supported & cared for. We work closely with government hospitals (e.g. NUH, KKH, etc.) & obtain referrals from them. Our beneficiaries include adult/elderly patients with cancer, as well as children with blood disorders (Thalassaemia & Haemophilia).

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# OUR WORK:

## Programmes and Activities

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### *Educational Foundation - Living A Promise (LAP)*



Living a Promise (LAP) programme aims to aid students from low-income families in their holistic development and completion of their primary and secondary education, by providing socioemotional support and empowerment through *mentorship*, as well as *financial assistance* for resources required for academics and enrichment.

#### Mentorship model:

##### *Belong*

- To instil a sense of belonging in the children and youths.
- Allowing our clients to feel belonged to our programme regardless of their social status or behaviour.
- Through consistent meaningful engagements between the clients and the youth workers.

##### *Believe*

- This is occurred naturally from feeling that they belong to the programme.
- This trust is crucial as it can directly affect the decisions the youths will make, and it is a channel for them to be open about their daily experiences.

##### *Behave*

- Only after the belonging and the believing comes the third step – behaving.
- The change and desire to behave in a socially responsible and acceptable manner will come naturally from their beliefs and not out of fear or pretence.

*Financial assistance* would allow the youths to have a sense of physical and psychological security, as their basic needs would be fulfilled.

With LAP's combination of mentoring and financial assistance, our youths would not only achieve good mental health and develop positive attitudes towards their academics, but also have better access to the resources and opportunities required to complete their secondary education. This increases their chances of employment, positive relationships, and favourable outcomes in the future.

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# OUR WORK:

## Programmes and Activities

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### *Educational Foundation - Football*



"The socialism I believe in is everybody working for the same goal and everybody having a share in the rewards. That's how I see football, that's how I see life." Bill Shankly

According to the World Health Organization, youths between ages 10 to 19 years are highly vulnerable to mental health issues. This is because they are in a formative stage, experiencing various physical, emotional, and social changes. In Singapore, depression is one of the top 3 most common mental disorders, where 18% of the youth population is suffering from it. Social withdrawal is one of its symptoms, which could exacerbate isolation and loneliness. At its worse, depression can lead to suicide.

However, exercise and sports have been found to decrease the likelihood of depression or reduce its symptoms. Mr Andy, PCS' executive director, is the head coach for our Promisedland Football and has vast experience coaching in both primary and secondary schools. He is an 'Asian Football Confederation (AFC)' licensed coach and is trained in 3Dimensional Coaching. Character development sessions are often incorporated into his football trainings. Through his coaching, Mr Andy hopes to inculcate values of resilience, discipline, and mental toughness.

With the combination of teamwork, social engagement, development of mental toughness, and the positive effects exercise has on the brain, our football programme would positively contribute to the development and mental health of children and youths.

Furthermore, to address the financial difficulties faced by some of the boys' families, we provide subsidized fees as well. We hope that despite their financial situations, all of them would have an equal opportunity to pursue their interest in football.

Our objective is not solely on developing skilful players, but to allow children and youths who enjoy football to have an equal opportunity to play, develop their character and values, and grow up to be contributing members of society.

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# OUR WORK:

## Programmes and Activities

### ARK Student Care



Due to the fast-paced, ever-changing environment of Singapore, many parents have difficulty finding a well-paying job. Children have to be sent to Student Care Centres while their parents are working. In many lower income families, parents face problems of not being able to pay the fees for the Student Care Centre.

Even though our fees are low compared to other centres, we still aim to provide children with proper supervision and environment. We create a 'home away from home' environment where children receive homework supervision, character education, ample rest, and healthy meals. We strongly believe that every child is an individual and requires our utmost attention. We also believe in providing an atmosphere that encourages collaborative learning and promotes interpersonal development. We aim to nurture the best out of every child through physical, intellectual, emotional and social development. We stress good self-esteem, problem solving and decision making skills, independence, and the ability to work with their peers.

Our teachers are dedicated and committed towards every child. We strongly believe that every child is an individual. They learn and grow differently. We plan weekly 'Teacher Guided Activities', mostly hands on activities for the children. We want the children to take a break from their daily assessment books to learn other skills and also develop their interest in other areas like art and craft, Science experiments, baking sessions etc...

Our school holidays schedule are fun filled with interesting activities which the children are always looking forward to. As they spend longer hours in the centre with us during the holidays, our teachers always ensure that there are activities for the children to be participating in.



# HIGHLIGHTS

of 2022

## JIAK:

Our volunteers conducted a Pineapple tarts baking session for Chinese New Year through Zoom. A total of **14 participants** joined the session.

The purpose of this session was to share the festive joy as well as to customise homemade pineapple tarts for a healthier diet. We encouraged participants to self-make the pineapple fillings instead of store-bought which has higher sugar content.



## PCS Chinese New Year:

Sponsorship from Peng Guan Bah Kwa and Neo Garden Catering. We obtained sponsorships from companies and all the items were delivered to Lifeblood beneficiaries living in Jurong West, Jurong East, Taman Jurong, Clementi. A total of **14 families** from ARK together with chairman of PCS board and staff volunteered to be part of this meaningful event. We wanted to show that we care and spread love during this festive period to our beneficiaries so that they stay strong.



01

January

# HIGHLIGHTS

of 2022

## *Football Jersey Presentation:*

Thinkers Alliance came on board as the main sponsor of our Football team in 2022. We printed their logo on our jerseys and invited them for a jersey presentation during training.



## *ARK:*

School has reopened and we have a class of new primary 1 students. We conducted orientation, guiding the new primary 1s into a new routine in our centre. The team work closely together as the primary 1 children require more attention and support as compared to the other levels during the first month. The team has been updating the parents regularly on the Little Family Room App (communication app with parents), as well as our social media platforms.

01

January

# HIGHLIGHTS

of 2022

## LAP - Cornerstone at Yuhua Secondary School

Youth mentors went to Yuhua Secondary School once a week to conduct a after school programme, Cornerstone. Youth mentors planned and lead games to play with the students and through these sessions, team is aiming to teach values using the games played.



02

February

## Lifeblood:

In light of World Cancer Day which falls on 4 February, a video was uploaded and featured one of our beneficiary, Chua Chye Hong.



Our team has also uploaded a series of posts to guide caregivers on managing their challenges during the pandemic.



# HIGHLIGHTS

of 2022

## JIAK:

A 馅饼 making session was conducted through Zoom with **11 participants**.

The purpose was to allow participants to visualize travelling to Beijing that has an authentic taste of 馅饼 since travelling is not allowed due to COVID restrictions. We also aim to share recipes from different cultures to our participants.



03

March

## LAP - Partnership with SG Cares Office under Ministry of Culture, Community & Youth (MCCY):

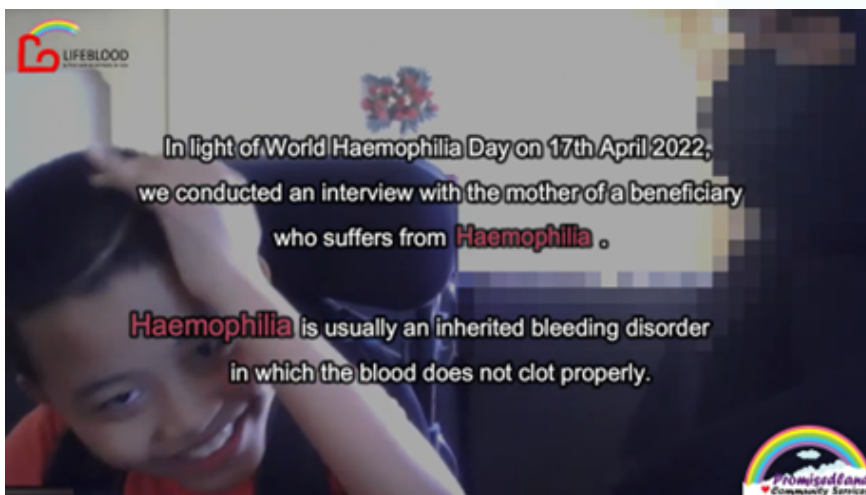
This partnership helps us to build our volunteer pool and SG Cares Office helped us to source for volunteers with different skillset to support our various programmes. They also provide us with opportunities for our beneficiaries to participate in various sponsored activities.

# HIGHLIGHTS

of 2022

## *Lifeblood:*

On 17 April, World Haemophilia Day was observed and team has conducted a zoom interview with a mother of a beneficiary, Hadif. A was published to spread awareness of the mother caring for a Haemophilia child.



04

April



# HIGHLIGHTS

of 2022

## *Lifeblood:*

Promisedland hosted a gathering on 11 May, 2022 and invited several beneficiaries over to Eden as Covid restrictions had opened up.



05

May

## *ARK:*

Students present their hand-made mother's day gift to their mother during pick up. We encourage parents to take a photo and tag us on social media. This encouraged engagement on social media and parents were sharing the post on their personal social media which acts as a publicity for ARK.



# HIGHLIGHTS

of 2022

## ARK:

Outdoor play is an essential aspect of a child's overall development. In an increasingly digital and sedentary world, it is crucial to emphasize the importance of children engaging in active play outdoors.

As the COVID-19 pandemic subsides and restrictions are lifted, ARK resumed our annual sports day. We hoped to gradually reintroduce and prioritize outdoor play for children. During the sport day, we invited parents to join us and show support for their kids. Outdoor play not only contributes to their physical health and development but also offers numerous cognitive, social, and emotional benefits.



## Lifeblood x LAP holiday camp

The LAP youths and youth mentors planned and organised a 2-day camp for our children beneficiaries from Lifeblood. It is the first time our Lifeblood beneficiaries are involved in such camps.

The purpose of this is to integrate the beneficiaries of different family backgrounds and provide them an opportunity to explore their interest and improve their mental well-being. The caregivers of our beneficiaries benefitted as well, they were sharing their problems and encouraging one another while their children are involved in the camp.



# HIGHLIGHTS

of 2022

## *Football tournament:*

We have sent in 2 teams to participate in this tournament - Our U12 and U10. This is a 4vs4 tournament and each team will play against 4 other teams. Our U10 came in 3rd. This was a great exposure for the Football boys.



## *Football training conducted by Munich Football:*

We had a partnership with Munich Football on 26 June. The coaches from Munich Football planned a training session for our boys and this allowed the boys to experience and be exposed to different training styles.



06

June



# HIGHLIGHTS

of 2022

## *LAP outing*

LAP mentors organised an outing with the youths outing and went cycling at East Coast Park. Special rate was given by GoCycling.



## *LAP youths volunteering work*

The LAP youths were involved in planning and running a 2-day camp for Lifeblood children. The youth mentors also encouraged the youths to be involved in assisting the ARK teachers in running ARK sports day. We believe that by getting the youths involved, this will build their sense of belonging to the programme and learn important character values.



## *Meeting MSF & SSO for an afterschool programme in primary and secondary schools under Choa Chu Kang region.*

The team shared our children and youth programmes with the officers from MSF & SSO. They are in-charge of all primary and secondary schools in Choa Chu Kang area. They are interested to share our after school programmes with the schools with a large number of high-risk students.

# HIGHLIGHTS

of 2022

## ARK:

Ark launched a publicity video on our social media platform during the primary school registration period for primary one. This video features the different programmes ARK has and our environment.



## Football:

The boys were involved in several matches and tournaments as to motivate them to train hard towards a common goal.

U16 friendly match with Yuhua Albirex Football Academy on 17 July

U12 joint training with Yuhua Albirex Football Academy

U10 Pesta Sukan Tournament on 23 July

U16 Pesta Sukan Tournament on 31 July



# HIGHLIGHTS

of 2022

## *Lifeblood home improvement for two beneficiaries*

During visitations, we picked up possible factors that could help our beneficiaries. The first-hand help that we could provide is through their homes. It is a place where our beneficiaries spend most of their time at recuperating. We hope they can have a conducive and safe place to stay in while they rest and regain their energy.

### 1. Mdm Sanda - Installation of fan and electrical power point

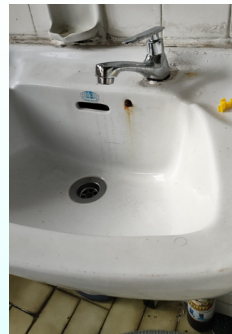


### 2. Mdm Kum Poh Cheng - Toilet tap, rack, toilet door

*Before:*



*After:*



07

July

# HIGHLIGHTS

of 2022

## *LAP Academic support:*

LAP team has been working closely with SG Cares Office to search for tutor volunteers to provide academic support for the LAP children and youths.

Some students from Yuhua Secondary School have been coming regularly to revise their work and be involved in the activities planned by the youth mentors.





# HIGHLIGHTS

of 2022

## *Special football training conducted by Coach Hyrul from Albirex Niigata Singapore.*

Our U12 and U16 goalkeepers trained under him to learn goal keeping skills at the goalpost. This allows diverse learning for our players where they get to pick up different skills to enhance their ability on the field.



## *KL football trip preparation:*

The coaches and assistant coaches met up with the parents of selected football boys joining KL Leaders trip to reassure the parents that their children are in good hands as most of the boys are travelling without their parents for the first time.

The football coaches and assistants have been meeting to plan for the KL leaders trip, finalising the itinerary and our roles during the trip. We also want to ensure that everyone is clear of the purpose of the trip and have a common understanding. The expenses of this trip is fully sponsored by Promisedland Evangelical Centre.

# HIGHLIGHTS

of 2022

## *CFS Grant*

LAP team worked on the CFS grant to gather more funding for the programme. We hope this grant will be able to support the children and youth under LAP through tuition and activities such as outing together which helps to motivate and teach character values to them.

## *LAP Collaboration with SG Cares and Southwest CDC*

The team has collaborated with SG Cares to plan holiday activities for LAP beneficiaries and ARK children under SCFA. LAP team also had a discussion with Southwest CDC to explore any possible partnership.

## *Lifeblood:*

Team has found a sponsor that provides a wheelchair for Syabil, hemophilia patient. With this help, it has loosen his parent load and worry whenever they bring him for hospital visits. It has made it convenient for the caregivers to care for him which also emphasize on our goal to provide care for the caregivers too.



# HIGHLIGHTS

of 2022

## *KL recce and leaders trip for football:*

The purpose of this trip is to build a sense of belonging and recognition in the boys. This trip provided leadership opportunities for the boys. A total of 5 staff, 5 volunteers and 9 players (7 U16 and 2 U12) went for this trip. We collaborated with 2 football academies in KL, EL Roi and KLBUG, where our players joined in their training sessions.



09

September

## *LAP Learn and Play activities 8 & 9 Sept*

SGCares introduced Learn & Play activities for our children beneficiaries to participate in during the holidays. The activities are all skill-based activities and allowed our beneficiaries to explore their interests.

## *Yuhua Bowling session on 12 Sept*

The LAP youth mentors brought the students from Yuhua Secondary to an outing at the bowling alley. This is a good opportunity for the youth mentors to foster closer bonds with the youths after their examination period.



# HIGHLIGHTS

of 2022

## *PCS 20th Anniversary Lunch on 29 Oct*

*We invited the board members, staff, community partners, volunteers and beneficiaries to celebrate this eventful day together and to express our gratitude towards them.*



## *ARK - ARKnival - Children's Day party.*

The ARK team planned an entire day of fun to celebrate this joyous day with the children. We brought in carnival game booth and air brush painting. We also resumed our annual pasar malam like a mini buffet for the kids.

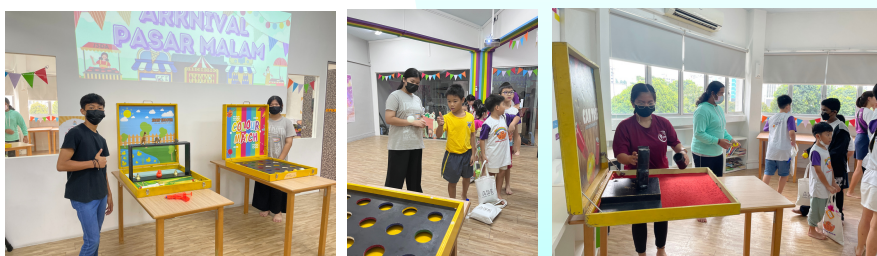
## *ARK - Open house*

ARK had an open house where the public could come and view the centre. The staff and a few children from ARK run some activities to engage the children and parents who came to view the centre.



## *LAP - Youths from Yuhua Secondary School volunteering*

Students from Yuhua helping out during ARK children's day. We want them to have a sense of belonging to the place and an opportunity to volunteer their time.





# HIGHLIGHTS

of 2022

## *ARK:*

The team brought the ARK children and some of the Lifeblood and LAP children to Bouncy paradise to enjoy their holidays. A great time to create memories with the children together!



11

November

## *LAP holiday programme*

There are outings and activities organised for our beneficiaries for the entire holiday period. We want the youths to be engaged in healthy activities with the community that has positive influence, especially during the school holidays where they have more free time.

## *LAP Learn & Play*

We collaborated with SGcares office and they found sponsors who are willing to sponsor a few skill-based activities for our LAP children.



# HIGHLIGHTS

of 2022

## *PCS Christmas Party*

PCS held our annual Christmas Party where we invited our Lifeblood beneficiaries and their family members, ARK children, LAP youths and volunteers.

It was a good bonding time and the LAP youths were involved in helping the staff to organise the different activities and programmes during the party.



12

December

## *Bukit Batok Christmas Cheer*

- Bukit Batok Community Centre has invited us to set up a booth at Bukit Batok CC during their Christmas event.
- The team has prepared and decorated the booth as a form of publicity, we have volunteers to help with the balloons distribution and a mascot which attracted the public's attention.



# HIGHLIGHTS

of 2022

## Extra Space Singapore Holdings Pte. Ltd. 's Corporate Social Responsibility (CSR)

Extra Space Singapore Holdings Pte Ltd has given us a total of 40 tickets for our children and youth beneficiaries to River Wonders for their annual CSR. We have invited PCS Chairman, Mr Nehemiah Koa, and PCS Finance and Corporate Planning Director, Mr Stanley Seah, to receive the donation made by Extra Space Singapore Holdings Pte. Ltd.



## ARK & LAP holiday programme

**Learn&Play:** The SGCare office allowed us to extend the available sponsored holiday programmes to our ARK children.

**Ukelele performance:** Our ARK children learnt a new instrument, Ukelele, for a few sessions and the ARK team invited the ARK parents to come and watch the Ukelele performance.

**Sponsorship by Uniqlo:** Uniqlo has given a few of our children beneficiaries an opportunity to customise their own uniqlo t-shirt for free. The team brought these children to the Uniqlo flagship store at Somerset.



12

December



# HIGHLIGHTS

of 2022

## ARK:

The team brought the children out to KidzAmaze and Superpark during the school holidays. Encourage the children to socialize and improve their motor skills when they are outside rather than playing in indoors.



12

December

## LAP

Youths volunteering their time and assist ARK teachers in taking care of children during excursions. The youths were not only engaged in outings during the December holiday but volunteering in the various excursions and PCS events.



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# HIGHLIGHTS

of 2022

## Football

U16 friendly match with YAFA on 19 Dec which the boys got an opportunity to gain exposure.



12

December



# THE YEAR AHEAD

For Year 2023

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## ***Lifeblood***

- Integration of children beneficiaries and family members to be involved in PCS programme.
- Recommendation of LAP to children beneficiaries and family members.
- Full usage of the data management system for generation of data and reports.
- Enhancement to current services to provide a more holistic care and assistance to beneficiaries, particularly caregivers support.
- Regular gatherings to provide social and emotion support.

## ***ARK Student Care***

- Integration programmes for special needs
- Exposure of various learning activities for children
- Parents involvement in PCS activities

## ***LAP***

- Regular mentorship meet-up with mentees
- Stronger networking with various stakeholders (SSO, MSF, SGCARES and schools)
- LAP Character Development material
- Continued partnership with schools
- Involvement of LAP youths to other programmes

## ***Football Team***

- Continued partnership with schools
- Structured training plans for players to take part in tournaments
- Players to take part in more tournaments or friendly matches.

# QUESTIONS? CONTACT US.

## *Website*

<https://promisedland.org.sg/>

## *Social Media Platforms*

<https://www.facebook.com/PCS.BukitBatok>

<https://www.facebook.com/arkpcs>

<https://www.facebook.com/PCSFootball>

<https://www.instagram.com/promisedlandfootball/>

<https://www.instagram.com/promisedlandcs/>

<https://www.instagram.com/arkstudentcarecentre/>

YouTube: Promisedlandcs

## *Address & contact number*

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65669570

